

# 3 Day Thai Massage Training and Yoga Retreat April 24th to the 26th



Michael Buck  
At Arsha Vidya  
in the poconos



Take some quiet, mystical time in a beautiful retreat setting!

We will be retreating deep in the most beautiful part of the Pocono Mountains at the sacred Arsha Vidya Gurukulam. While living in this beautiful setting, surrounded by the silence of nature, and the vibrations of deep peace and meditation, we will explore the techniques, methodology, and philosophy of Traditional Thai Massage. Your \$500 registration fee includes lodging on Friday, and Saturday nights, delicious Vegetarian Indian Meals, daily Yoga Classes, and sacred ceremony with one of the Gurukulam's senior Swamis.

Michael Buck is a major force in Nuad-[healing touch] Borarn-[sacred]. Since 1996, Michael has initiated certification to over 3000 students in seven countries. His talent is consummate in technique, theory and instruction. Licensed and in full-time practice since 1984, Michael has documented over 14,000 treatments representing leadership primarily in the Vedic Style of Massage. A graduate of three prominent schools in the United States (The Swedish Institute, The Ohashi Institute and The Anma Institute), Michael's training also includes over 200 hours at ITM and Lek Chaya schools in Chiang Mai, Thailand.

Michael is the founder/director of The Vedic Conservatory and this educational curriculum is nationally approved and is now being offered at several massage schools and yoga centers internationally.



for more info visit  
[vedicconservatory.com](http://vedicconservatory.com)  
[mainlineyoga.com](http://mainlineyoga.com)  
[arshavidya.org](http://arshavidya.org)

To Register Contact  
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